

# utsāha

Ethically farmed organic produce

## TRANSFORMING WORLD HEALTH

India has the most arable land in the world. Fertile soil and ideal climatic conditions across the country make it an agricultural powerhouse. This perfect balance is a boon for organic crop cultivation that offers excellent nutritional values for good health and well-being.

[www.utsaha.store](http://www.utsaha.store)



# RICE





Product Name: Idli Rice  
SKU: 1 kg



Product Name: Ponni Boiled Rice  
SKU: 1 kg



Product Name: Ponni Raw Rice  
SKU: 1 kg



Product Name: Sona Masuri Polished Rice  
SKU: 1 kg





# WHEAT & MILLETS





Product Name: Wheat Sooji  
(Rava/ Semolina )  
SKU: 500 gms



Product Name: Banyard Millet  
(Sanwa/ Kuthiravali)  
SKU: 500 gms



Product Name: Finger Millet  
(Ragi)  
SKU: 500 gms



Product Name: Foxtail Millet  
(Kangni/ Thinai)  
SKU: 500 gms



Product Name: Little Millet  
(Sama/ Samai)  
SKU: 500 gms



Product Name: Proso Millet  
(Chena/Varagu)  
SKU: 500 gms



Product Name: Quinoa  
SKU: 500 gms

# BEANS & PULSES







Product Name: Whole Urad Dal  
(Deskinning Black Gram)  
SKU: 500 gms



Product Name: Moong Dal  
(Petite Yellow Lentils)  
SKU: 500 gms



Product Name: Whole Black Urad Dal  
(Whole Black Gram)  
SKU: 500 gms



Product Name: Bengal Gram  
SKU: 500 gms



Product Name: Tur Dal  
SKU: 500 gms



Product Name: Whole Green Moong Dal  
(Whole Green Mung Beans)  
SKU: 250 gms



Product Name: Kabuli Chana  
*(Chickpea/ White Gram)*  
SKU: 250 gms



Product Name: Kala Chana  
*(Black Gram)*  
SKU: 250 gms



Product Name: Lobia  
*(White Cowpea/ Black Eyed Peas)*  
SKU: 250 gms



Product Name: Roasted Chana Dal  
*(Split Roasted Dalia)*  
SKU: 250 gms







Product Name: Rajma Red  
*(Red Kidney Beans)*  
SKU: 250 gms



Product Name: Rajma Chitra  
*(Speckled Kidney Beans)*  
SKU: 250 gms



Product Name: Green Peas  
SKU: 250 gms



Product Name: White Peas  
SKU: 250 gms



Product Name: Soya Bean  
SKU: 250 gms



Product Name: Flax Seeds  
*(Alsi Beej)*  
SKU: 250 gms





Product Name: Groundnuts  
(Peanuts)  
SKU: 250 gms



Product Name: Horse Gram  
(Kulthi/ Kollu)  
SKU: 250 gms



# Flour, Starch & Flakes





Product Name: Ragi Flour  
(Finger Millet Flour)  
SKU: 500 gms



Product Name: Wheat Flour  
(Atta)  
SKU: 500 gms



Product Name: Thick White Beaten Rice  
(Poha)  
SKU: 500 gms



Product Name: Multigrain Atta  
SKU: 500 gms

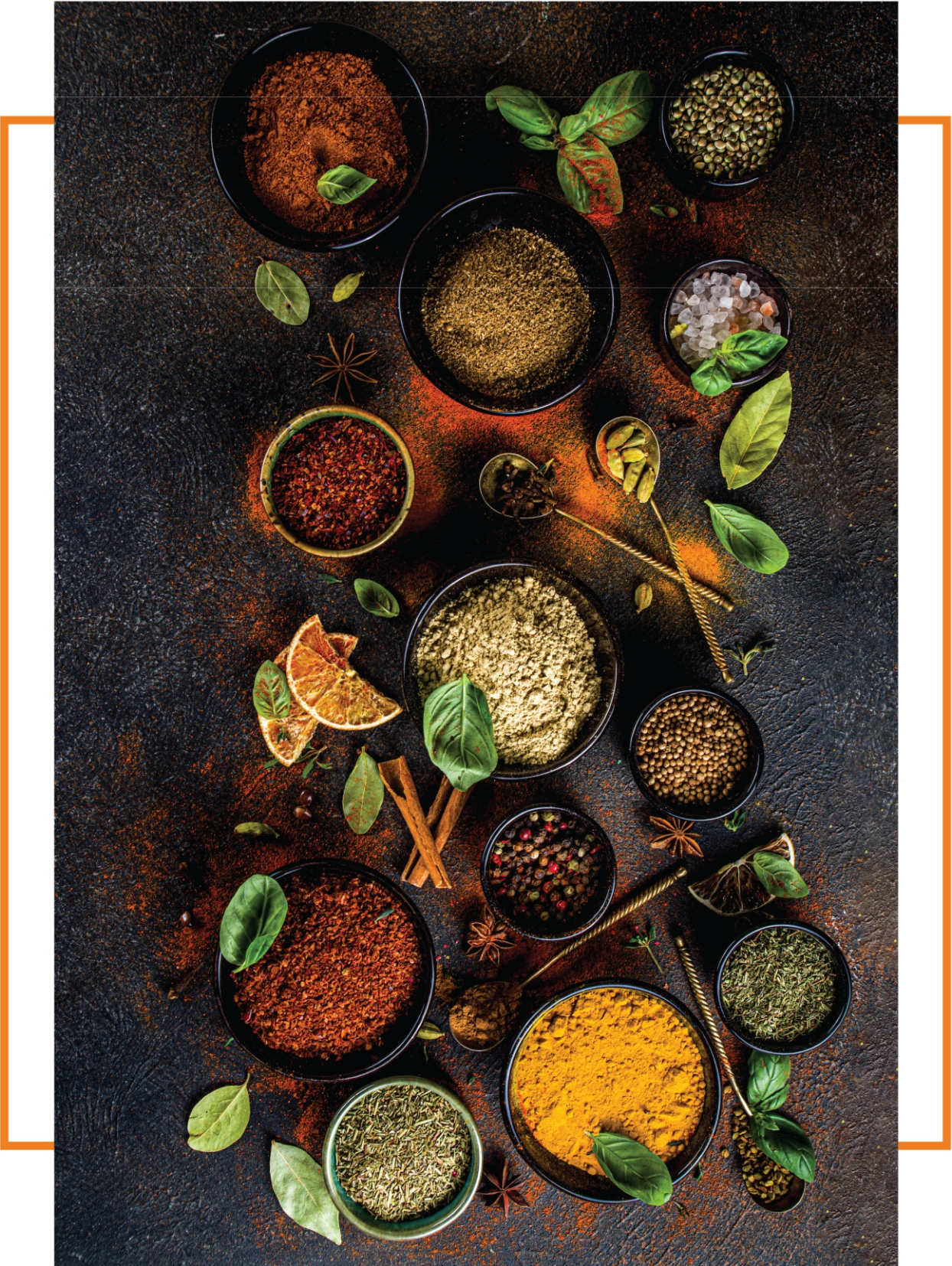


Product Name: Multigrain Mix  
(Sattu/ Health Mix)  
SKU: 500 gms



Product Name: ProWheat Atta  
SKU: 500 gms





# SPICES





Product Name: Cinnamon Sticks  
(Daalchini)  
SKU: 50 gms



Product Name: Cloves  
(Launga)  
SKU: 50 gms



Product Name: Green Cardamom  
(Elaichi)  
SKU: 50 gms



Product Name: Jeera  
(Cumin Seeds)  
SKU: 100 gms



Product Name: Ajwain  
(Carom Seeds)  
SKU: 100 gms



Product Name: Whole Black Pepper  
(Kali Mirch)  
SKU: 100 gms





Product Name: Black Sesame Seeds  
(Kala Til)  
SKU: 100 gms



Product Name: White Sesame Seeds  
(Til)  
SKU: 100 gms



Product Name: Saunf  
(Fennel Seeds)  
SKU: 100 gms



Product Name: Black Mustard  
(Sarso K Beej / Kadugu)  
SKU: 100 gms



Product Name: Methi  
(Fenugreek Seeds)  
SKU: 100 gms



Product Name: Brown Mustard  
(Rai)  
SKU: 100 gms



Product Name: Dry Ginger Powder  
(Sonth)  
SKU: 100 gms



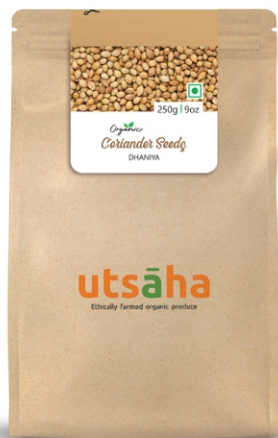
Product Name: Garlic Powder  
SKU: 100 gms



Product Name: Moringa Powder  
(Drumstick Leaf Powder)  
SKU: 100 gms



Product Name: Deseeded Tamarind  
(Imli)  
SKU: 500 gms



Product Name: Coriander Seeds  
(Dhaniya)  
SKU: 250 gms



Product Name: Raw Turmeric  
(Kacchi Haldi)  
SKU: 250 gms





Product Name: Whole Red Chilli  
(Sabut Lal Mirch)  
SKU: 250 gms



Product Name: Whole Byadgi Chilli  
(Baidagi Mirch)  
SKU: 250 gms



# SWEETENERS







Product Name: Jaggery Buckets (*Gud/ Vellam*)  
SKU: 1 kg



Product Name: Jaggery Squares (*Gud/ Vellam*)  
SKU: 1 kg



Product Name: Jaggery Lumps (*Gud/ Vellam*)  
SKU: 1 kg



Product Name: Jaggery Powder (*Gud/ Vellam*)  
SKU: 500 gms



Product Name: Light Brown Sugar  
SKU: 500 gms



Product Name: Forest Honey  
SKU: 200 ml



# NUTS &

# DRY FRUITS



Product Name: Cashew Nuts  
SKU: 100 gms



Product Name: Almonds  
(Badam)  
SKU: 100 gms



Product Name: Brown Raisins  
SKU: 100 gms





READY  
TO COOK



Product Name: Instant Idli Mix  
(Steamed Rice Cake Mix)  
SKU: 500 gms



Product Name: Instant Dosa Mix  
(Rice and Lentil Crepe Mix)  
SKU: 500 gms



Product Name: Banyard Millet Pongal Mix  
(Sanwa/ Kuthiravali Pongal Mix)  
SKU: 500 gms



Product Name: Banyard Millet Upma Mix  
(Sanwa/ Kuthiravali Upma Mix)  
SKU: 500 gms



Product Name: Banyard Millet Khichdi Mix  
(Sanwa/ Kuthiravali Khichdi Mix)  
SKU: 500 gms





Product Name: Proso Upma Mix  
(Chena/ Varagu Upma Mix)  
SKU: 500 gms



Product Name: Proso Pongal Mix  
(Chena/ Varagu Pongal Mix)  
SKU: 500 gms



Product Name: Proso Khichdi Mix  
(Chena/ Varagu Khichdi Mix)  
SKU: 500 gms



Product Name: Foxtail Millet Upma Mix  
(Kangni/ Thinai Upma Mix)  
SKU: 500 gms



Product Name: Foxtail Millet Pongal Mix  
(Kangni/ Thinai Pongal Mix)  
SKU: 500 gms



Product Name: Foxtail Millet Khichdi Mix  
(Kangni/ Thinai Khichdi Mix)  
SKU: 500 gms



Product Name: Little Millet Pongal Mix

*(Sama/ Samai Pongal Mix)*

SKU: 500 gms



Product Name: Little Millet Upma Mix

*(Sama/ Samai Upma)*

SKU: 500 gms



Product Name: Little Millet Khichdi Mix

*(Sama/ Samai Khichdi)*

SKU: 500 gms





# Cooking Oils



Product Name: Coconut Oil  
SKU: 500 ml | 1000 ml



Product Name: Sesame Oil  
SKU: 500 ml | 1000 ml



Product Name: Sunflower Oil  
SKU: 500 ml | 1000 ml



Product Name: Groundnut Oil  
SKU: 500 ml | 1000 ml



Product Name: A2 Cow Ghee  
SKU: 200 ml







# KITCHEN MASALAS





Product Name: Red Chilli Powder  
(Lal Mirch)

SKU: 100 gms



Product Name: Cinnamon Powder  
(Daalchini)

SKU: 100 gms



Product Name: Coriander Powder  
(Dhaniya)

SKU: 100 gms



Product Name: Turmeric Powder  
(Haldi)

SKU: 100 gms



Product Name: Cumin Powder  
(Jeera)

SKU: 100 gms







Product Name: Black Pepper Powder  
(Kalimirch)  
SKU: 100 gms



Product Name: Rasam Powder  
SKU: 100 gms



Product Name: Pepper Rasam Powder  
(Mulligatawny Soup)  
SKU: 100 gms



Product Name: Garam Masala  
(Indian Mixed Spices Powder)  
SKU: 100 gms



Product Name: Sambar Powder  
SKU: 100 gms



Product Name: Vegetable and Gravy Masala  
(Indian Curry Powder)  
SKU: 100 gms





Product Name: Idli Podi  
(Chutney Powder)  
SKU: 100 gms



Product Name: Paruppu Podi  
(Spicy Lentil Powder)  
SKU: 100 gms



Product Name: Bisibelebath Powder  
SKU: 100 gms



Product Name: Noodles & Pasta Masala  
SKU: 50 gms



# SALTS







Product Name: Himalayan Rock Salt (*Small Crystals*)  
SKU: 500 gms



Product Name: Himalayan Rock Salt (*Large Crystals*)  
SKU: 500 gms



Product Name: Himalayan Dark Pink Salt (*Free Flow*)  
SKU: 500 gms



Product Name: Himalayan Dark Pink Salt (*Coarse*)  
SKU: 500 gms





# HEALTH PRODUCTS



Product Name: Protein Powder  
(Plain)  
SKU: 250 gms



Product Name: Protein Powder  
(Salted)  
SKU: 250 gms



Product Name: Detox & Fitness Soup  
SKU: 100 gms



Product Name: Daily Health Drink  
SKU: 100 gms



Product Name: Daily Immune Booster Drink  
SKU: 100 gms



Product Name: Ace Digestive  
(Digestive Powder)  
SKU: 3 gms





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Ethically farmed organic produce



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